

Syllabus for Suicide Prevention, Intervention and Support for Survivors

Workshop Title: Suicide Prevention, Intervention and Support for Survivors

Length: 1-day / 8-hours

Description:

Suicide Prevention, Intervention and Support for Survivors is designed to provide chaplains, peers and other team members knowledge, skills and abilities needed to identify risk factors and intervene with anyone contemplating suicide. As for the survivors, suicide is a powerful and unexpected critical incident that requires crisis support. The objective of this course is to teach team members to assess accurately and apply stabilization techniques effectively.

This section provides the latest research concerning suicide risk and the latest numbers showing suicide on the rise. The section delves into various distortions of a person in pain and teaches peers reframing and reflecting techniques that generate connection. This section will also allow time for discussion of organizational policy / protocols concerning reporting and referral practices.

In-class and online materials and resources will be provided for continued learning.

Course Methodologies and materials:

- Lecture, Discussion, Writing Labs and Role Play exercises
- Course includes in-class and online materials and resources

Training Objectives

1. Separate myths from facts and gain deeper knowledge of the prevalence of suicide
2. Learn risk factors and warning signs
3. Explore leading theories why people choose to die by suicide
4. Hear stories of struggle and hope from survivors of suicide
5. Learn how to intervene when someone has expressed suicidal intention
6. Learn how to create a “culture of care” that encourages meaningful connections